



**Commission scolaire New Frontiers  
New Frontiers School Board**

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ATT: Thompson Rivers University Admissions

Nov. 28, 2025

RE: ASHLEY JEWER

To I have known Ashley professionally for approximately three years. In that time, she was a social-work technician working at a primary school Nurture Support Centre intervention program called NEST that I oversee. The NEST provides support for students with socio-emotional and behavioural needs and Ashley proved herself to be an excellent collaborator in this project. She always had the students needs close to her heart and was a tireless advocate for them. She demonstrated her strong skills in communication, teamwork, and leadership, and also demonstrated independent learning and intellectual maturity. It is my pleasure to write this reference letter for her.

A very large part of Ashley's responsibilities included communicating with me and another coordinator on a regular basis to inform of us as to how the program was functioning, meetings with the resource team within her school, meetings with the principle, meetings with technicians from other NESTS at other schools, meetings with other support staff from her school, interfacing with child protective services, and keeping parents apprised. In all these contexts it was essential that Ashley communicate in a fashion that demonstrated her understanding of the situation, of the needs - both emotional and professional - of the other people involved, and that demonstrated her breadth of knowledge and capacity. It was also essential that she maintained a calm demeanour in the face of many significant challenges and in the face of very demanding case files. In every instance, Ashley was able to respond to these needs and I was always impressed with her clear, mature, and informed communication abilities and style. One excellent example of this was her presentation to a group in our school board community, as she represented the NEST program with poise and a depth of understanding.

Ashley also demonstrated excellent capacities in teamwork and leadership. She worked in a demanding school with a low socioeconomic status population and hence many student, staff, and community challenges. Coordinating interventions with her NEST coworker, teachers, the principle, and many others, was difficult. Often, in a beleaguered environment such as this one, someone would need to be the quarterback, and frequently this would fall to Ashley who would pick up the ball with no complaint, even when the responsibility did not necessarily belong to her from a job description perspective. This included her frequent collaboration with the Department of Youth Protection.

Ashley demonstrated many other skills and took many other initiatives, often unasked and based on her observation that a need was present and unfilled. For example, she wrote a

children's book about anxiety that was lovely and helpful, and she created calm corners for the individual classrooms that helped support children.

I was very glad when I heard that Ashly was considering furthering her education as she is a capable and committed professional whose contribution is extremely valuable and who has so much to offer. I am pleased to have had the opportunity to have worked with her and recommend without hesitation to your program.

With thanks,

A handwritten signature in blue ink, appearing to read 'Steffan Syd Apel'. The signature is fluid and cursive, with the first name 'Steffan' being more prominent and the last name 'Apel' following in a similar style.

Steffan Syd Apel  
School Psychologist, NEST Coordinator